

NORTH CAROLINA STATE UNIVERSITY

DANCE TEAM 2010-2011

Thank you for your interest in the NC State Dance Team! This audition packet includes information about the audition process, judging criteria and rules and responsibilities of prospective dance team members. Please read over this information carefully and contact us at ncstatedanceteam@gmail.com for any additional questions and/or concerns.

GENERAL AUDITION INFORMATION:

1. All candidates must be accepted as full time students at NC State University prior to the audition to be considered for the 2010-2011 team. You will need to show proof of acceptance by providing your acceptance letter or Student ID number on the first day of tryouts.
2. All candidates must show a copy of their insurance information/card the first day of tryouts in order to be eligible to audition. NC State University, the NC State Dance Team and coaching staff are not responsible for injuries that may occur as result of participation.
3. All candidates must fill out the Audition Application (included in this packet) and bring it to the first day of tryouts.
4. All candidates must be able to comply with the rules and responsibilities of being a member of the NC State Dance Team. These are outlined in this audition packet.
5. All tryout sessions are closed to family and other spectators.
6. Tryout attire for the audition process consists of cropped dance top or sports bra, black pants or dance shorts and tights. Dance shoes must be worn at all times, and hair and make-up should reflect how you would look at a performance.

JUDGING PROCESS AND CRITERIA

The NC State Dance Team coaching staff will be looking for well rounded dancers with outstanding skills, technique, and stage presence. Please do not assume that a weakness in one area will disqualify you as a Dance Team member. The coaches are looking for dancers who are eager to learn and improve and will display a positive attitude at all times.

The Tryout Process varies each year but usually consists of an optional Pre-Audition Clinic, 1st Round of tryouts, 2nd Round of Tryouts, and a Final Audition, usually covering a 2-3 day period.

Pre-Audition Clinic – The pre-audition clinic is optional. It is open to high school juniors and prospective dance team members and requires a clinic fee of \$5. During the clinic you will learn various skills and have a chance to work with former

dancers to gain insight on our dance style. You will also receive critiques from the coaches about what you can work on for the Auditions.

First Rounds – Candidates will go through a class-style audition using across the floor technique combinations as the basis for their assessment. You will also begin to learn one or more of the routines. There will be a cut made at the end of the night.

Second Rounds – Candidates will learn the remaining routines, work on the audition material in small groups and will be given the format and groups for the Final Auditions.

Final Auditions – Candidates will be judged in groups of 5 or 6 by the Dance Team Coaches and an outside judging panel. Candidates will do each required skill individually and will then perform the dances they have learned as a group. Those chosen to be members of the NC State Dance Team will be announced shortly after the Final Auditions.

Candidates will be judged on their technique, style, and memorization and should be able to perform the following skills:

Jazz/Technique

- Short Jazz Dance (taught during the tryout)
- Triple and Quad Pirouettes
- Fouette turns/combinations
- Leaps in second (left and right)
- Switch Leaps (left and right)
- Switch Opens
- Chaine' to Switch to Second
- Chaine' Switch Leaps
- Leap/Turn Combinations
- Leg Hold Turns

Hip Hop

- Short Hip Hop dance (taught during the tryout)
- Floor tricks

Pom:

- Short Pom Dance (taught during the tryout)
- Basic Cheer Motions
- Toe Touch and double toe touch to floor/knee/split combinations

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DANCE TEAM RESPONSIBILITIES

1. Dance Team members are representatives of NC State University in and out of uniform and will be expected to uphold the highest standards of conduct
2. Academics and Dance Team activities are top priorities
3. Any Dance Team member under the influence of drugs or alcohol during a practice, game, event or appearance will be terminated from the team
4. Dance Team members are required to participate in all practices, games, conditioning sessions and fundraising events. All team members must be on time and dressed appropriately
5. Dance Team members are expected to be in and maintain a healthy and physically fit condition. All members will participate in a conditioning and weight training program.
6. Dance Team members will actively participate in fundraising projects, benefit performances and volunteer work for the community
7. Dance Team members are financially responsible for their practice attire, team t-shirts, sweats, jazz shoes, team tennis shoes and camp registration fees. All other costs will be offset by fundraising opportunities. The NC State Dance Team will provide your uniforms, poms, warm-ups and team bags and these items must be turned back in at the end of the season
8. Dance Team members must be able to maintain a GPA of 2.0 or higher and total of at least 12 credit hours per semester throughout the 2010-2011 school year to maintain eligibility for the NC State Dance Team. Graduating seniors may have less than 12 credit hours.

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VIDOTAPE/DVD AUDITION INSTRUCTIONS

If you are unable to attend the Spring Tryout, we strongly suggest that you submit an audition via video so you can participate in the Summer Practice sessions and attend Camp with the team. Those who wait to tryout in the fall miss the summer practices and are behind on material for football season. If you would like to audition via video please email ncstatedanceteam@gmail.com for mailing information.

Please submit audition material on a standard VHS tape or DVD. This will become property of the NC State Dance Team and will not be returned. All video submissions must be received by May 8, 2010.

1. Introduction – The beginning of your video should include your full name, your year in school during the 2010-2011 season (i.e. freshman) and the name of the high school or college you currently attend. Please label your VHS/DVD with this same information.
2. Dance Routines: All three of the following styles must be submitted in order for your audition to be considered and judged. Dance routines must only feature the individual who is auditioning and be recorded after Dec 31, 2009. Group or team recordings will not be accepted. Please wear dancewear that shows your body placement and lines.
 - a. Jazz Routine consisting of at least 10 counts of 8
 - b. Hip Hop Routine consisting of at least 10 counts of 8
 - c. Pom Routine consisting of at least 10 counts of 8
3. Across the Floor Exercises: Your selection of across the floor exercises should be performed on the right and left side. Please perform individual skills or combinations that include the following:
 - a. Triple pirouettes
 - b. Fouette turns and turns in second position
 - c. Switch leaps, Leaps in second, chaine' to leap in second
 - d. Please include at least 5 other skills/tricks that highlight your talents

Please mail the audition application and a copy of your acceptance letter along with your video. Please email ncstatedanceteam@gmail.com for mailing information.

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Audition Application

**Please fill out this application and bring it with you to the Audition
or submit with your Video/DVD**

www.gopack.com
www.ncstatedanceteam.org

**Candidates are selected by the NCSU Dance Team coaching staff
and outside judges. If there are any concerns or questions at the
conclusion of auditions, please send an email to
ncstatedanceteam@gmail.com Questions or concerns will *NOT* be
addressed at the time of auditions.**

Full Name: _____
Student Identification Number: _____
Personal Email Address: _____
Permanent Address (Parents', etc.): _____
City, State, and Zip Code: _____
Cell Phone: _____
Home Phone: _____
Year in school (circle one): Freshman Sophomore Junior Senior Fifth
Year Grad School
Major: _____ Birthday: _____
Number of years dancing? _____
Please provide a summary of your dance background:

Do you have any cheerleading experience? Yes No
Will you have conflicts with the time commitment and expectations
during the school year (sororities, work commitments, clubs, or sports)?
Yes No If yes, please

explain: _____

Do you have any health problems/ limitations or have you been under
the care of a physician within the last year?

Yes No If yes, please

explain: _____

I understand that:

My candidacy for a position on the NCSU Dance team, and participation if selected, is contingent upon being a continuously and regularly enrolled student (minimum of 12 units), in good academic standing, with an overall grade point average of at least 2.0 from the time of auditions through the Spring. Eligibility checks will be conducted on all candidates.

I am responsible for information provided during the candidate informational meetings, instructional clinics and information provided on the website.

I understand, accept, and am willing to comply with the selection procedures as outlined by the head coach.

Signature_____

Date_____

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FREQUENTLY ASKED QUESTIONS

What is the time commitment like? The NC State Dance Team practices 4 nights a week for 3 hours with one of those days dedicated solely to conditioning and weight training. In addition to practice, the dance team is at every home football game, Men's and Women's Basketball games and Gymnastics meets. Many of these events fall on weekends and during Thanksgiving Break, Christmas Break, and Spring Break. In addition, the dance team also performs at pep rallies, community events and must also participate in fundraising activities. Dance Team takes up a considerable amount of time but many members have been able to have part time jobs that are flexible.

Does the Team Practice in the summer? Yes. The Dance Team practices during one weekend in June and the week prior to NDA College Camp in August. There are also optional opportunities for Dance Team members to work at two paid summer camps that we host along with Edge Cheer and Dance.

How Many Girls do you take on the Team? There is no set number of girls that are allowed to be on the dance team. If you meet the skills requirements and are prepared to uphold the standards of the NC State Dance Team, then we have a spot for you! Each season the team usually consists of 25-30 girls who are split into two teams; Red Team and White Team.

What if I want to try out for the team but I cannot make it to the Spring Auditions? We strongly encourage everyone to attend Spring Auditions but if you cannot make it there are other options! We recommend that you submit an Audition Video if you would like to be eligible to participate in summer practice and NDA college dance camp. We also hold an audition in the fall, which takes place at the beginning of the school year in September. Those who audition in the fall miss summer practices and are behind on sideline and halftime material for Football Season.

Does the NC State Dance Team compete? Yes! Every year the Dance Team attends the NCA/NDA Collegiate Cheer and Dance Championship

in Daytona Beach, FL in April. We are consistently ranked top ten in the nation.

What should I wear/bring to tryouts? All participants should wear long black pants or black boy shorts/black tights and a midriff sports bra/dance top for both tryout days. Bring your audition application, any jazz shoe of your choice, and don't forget water!

What should I expect from Practice? Staying in peak physical condition is a very important part of being a member of the NCSU dance team. Each practice begins with running 1-2 miles and ends with performing abdominal exercises. The remaining practice time consists of stretching, working on technique and learning and perfecting routines. Once a week, practice is devoted to workouts.